

Conchas (Mexican Sweet Bread)
1 piece

Nutrition Facts	
1 servings per container	
Serving size	1 piece (70g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 16g	21%
Saturated Fat 7g	33%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 4g	
Cholesterol 50mg	17%
Sodium 240mg	10%
Total Carbohydrate 42g	15%
Dietary Fiber 1g	4%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0.4mcg	2%
Calcium 30mg	2%
Iron 1mg	4%
Potassium 75mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Big Loaf Bread Flour (ENRICHED FLOUR BLEACHED (WHEAT FLOUR; NIACIN; IRON; THIAMIN MONONITRATE; RIBOFLAVIN; FOLIC ACID).), Whole Milk (MILK; VITAMIN D3), Large White Egg (WHOLE EGG; CITRIC ACID; 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PRESERVE COLOR.), Sweet Butter, Granulated Sugar (Sugar), All Purpose Shortening (SOYBEAN OIL; FULLY HYDROGENATED PALM OIL; PALM OIL; MONO AND DIGLYCERIDES; TBHQ AND CITRIC ACID (ANTIOXIDANTS).), All Purpose Flour, Confectioners Sugar (Sugar; Corn Starch), Coarse Kosher Salt (Salt; Yellow Prussiate of Soda.), Yeast Active Dry.

Contains: Eggs Allergen, Wheat Allergen